

# Scripps Mercy Hospital Chula Vista Well Being Center

## *Spanish Al-Anon Support Group*



*The Al-Anon Family Groups are a fellowship of relatives who share their experience, strength, and hope in order to solve their common problems. They do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics and by giving understanding and encouragement.*

### **MEETING DATES & TIMES**

Mondays, Wednesdays & Fridays  
7:00-9:00 PM  
Scripps Mercy Hospital Chula Vista  
(Medical Education Bldg)  
499 H Street Chula Vista, CA 91910

***For more information, please call (619) 862-6600***