

# Scripps Mercy Hospital Chula Vista Well Being Center

## *Spanish Overeaters Anonymous*



*The Overeaters Anonymous is a fellowship of individuals who, are recovering from compulsive overeating. Through shared experiences, strength, hope and practicing the Twelve Step they encourage and empower each other to obtain and maintain a healthy eating lifestyle.*

### **MEETING DATES & TIMES**

Tuesdays and Thursdays

7:00-8:00 PM

Scripps Mercy Hospital Chula Vista

(Medical Education Bldg)

499 H Street Chula Vista, CA 91910

***For more information, please call (619) 862-6600***