

Scripps Mercy Hospital Chula Vista Well Being Center

Widow Support Group

This group provides support, understanding and compassion for men and women who have experienced the loss of a spouse. Participants have an opportunity to share emotions and learn to cope with grief in a warm and caring environment.



MEETING DATES & TIMES

**2nd & 4th Monday of Each Month
10:00 AM-12 Noon
Scripps Mercy Hospital Chula Vista
Well Being Center
237 Church Avenue
Chula Vista, CA 91910**

Facilitated by Deanne

**For more info please call
(619) 691-9099
(619) 862-6600**

