

Scripps Mercy Hospital Chula Vista Well Being Center

Spanish Overeaters Anonymous



The Overeaters Anonymous is a fellowship of individuals who, are recovering from compulsive overeating. Through shared experiences, strength, hope and practicing the Twelve Step they encourage and empower each other to obtain and maintain a healthy eating lifestyle.



MEETING DATES & TIMES

**Tuesdays & Thursdays
7:00-8:00 PM**

Scripps Mercy Hospital Chula Vista
(Medical Education Bldg)
499 H Street Chula Vista, CA 91910



**For more information, please
call (619) 862-6600**

