Summary of Skills Check List – Cardiovascular Exam

□ Wash hands
□ Gown and drape appropriately
□ Inspect precordium
□ Palpation of RV and LV; Determination of PMI

Auscultation
  □ Elevate head of table to ~ 30°
  □ S1 and S2 in 4 valvular areas w/diaphragm
  □ Try to identify physiologic splitting S2
  □ Assess for murmurs
  □ Assess for extra heart sounds (S3, S4) w/bell over LV

Carotid artery
  □ Palpation
  □ Auscultation

Internal Jugular Vein
  □ Determine jugular venous pressure

Lower Extremities
  □ General lower extremity observation
  Assess femoral area (you don’t have to do this on fellow students)
    □ Palpation for nodes
    □ Femoral pulse
    □ Auscultation femoral artery

Assess knees (non-mechanical exam)
  □ color, swelling
  □ palpate popliteal artery pulse

Assess ankles/feet:
  □ Color, temperature, Capillary refill
  □ Check for edema
    Pulses
      □ Dorsalis pedis artery
      □ Posterior tibial artery

□ Wash hands

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