

## SUMMARY OF SKILLS – HEAD AND NECK EXAM

- Wash hands
- Observation head & scalp
- Palpation lymph node, parotid and salivary gland regions
- Assess facial symmetry, expression (CN 7)
- Assess facial sensation, muscles mastication (CN 5)
- Assess auditory acuity (CN 8)
  - Perform Weber & Rinne Tests: conductive v sensorineural (**\*Special test:** if concern about hearing loss)
- Ear: external and internal (otoscope)
- Nose: observation, nares/mucosa (otoscope), smell (CN 1)
  - Sinuses: palpation, trans-illumination (**\*Special test:** if concern for sinusitis)
- Oropharynx:
  - Inspect w/light & tongue depressor → uvula, tonsils, tongue, mucosa
  - Inspect Teeth & Salivary gland ducts
  - Assess tongue movement (CN 12);
  - Assess “Ahh”; Gag reflex (CN 9, 10)
- Thyroid: Observation, palpation
- Wash hands

**\*Special Test:** Not done on routine exam – Reserved for specific clinical situations