

## Summary of Skills – Pulmonary Exam

- 1. Wash hands
- 2. Gown and drape appropriately

### Examine hands, fingers and nails

- 3. cyanosis, clubbing, nicotine staining
- 4. measure respiratory rate

### Observe & inspect chest

- 5. General observation, note using accessory muscles/general respiratory effort
- 6. Shape of chest, spine

### Palpation

- 7. Assess chest excursion
- 8. Assess for fremitus (**\*special test:** if concern for effusion or consolidation)

### Percussion

- 9. Percuss posterior lung fields, top to bottom → comparing side to side
- 10. Identify amount of diaphragmatic descent with inhalation (**\*special test:** if concern for diaphragmatic paralysis)
- 11. Percuss right antero-lateral chest (middle lobe) and anterior lobes (bilateral)

### Auscultation

- 12. Listen w/diaphragm to posterior lung fields, top to bottom → comparing left w/right
- 13. Listen to right middle lobe area
- 14. Listen to anterior lung fields
- 15. Listen over trachea
- 16. Assess for egophany (**\*special test:** if concern for effusion or consolidation)
- 17. Wash hands

**\*Special Test:** Not done on routine exam – Reserved for specific clinical situations

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