Summary of Skills – Pulmonary Exam

- 1. Wash hands
- 2. Gown and drape appropriately

**Examine hands, fingers and nails**
- 3. cyanosis, clubbing, nicotine staining
- 4. measure respiratory rate

**Observe & inspect chest**
- 5. General observation, note using accessory muscles/general respiratory effort
- 6. Shape of chest, spine

**Palpation**
- 7. Assess chest excursion
- 8. Assess for fremitus (*special test: if concern for effusion or consolidation*)

**Percussion**
- 9. Percuss posterior lung fields, top to bottom → comparing side to side
- 10. Identify amount of diaphragmatic descent with inhalation (*special test: if concern for diaphragmatic paralysis*)
- 11. Percuss right antero-lateral chest (middle lobe) and anterior lobes (bilateral)

**Auscultation**
- 12. Listen w/diaphragm to posterior lung fields, top to bottom → comparing left w/right
- 13. Listen to right middle lobe area
- 14. Listen to anterior lung fields
- 15. Listen over trachea
- 16. Assess for egophany (*special test: if concern for effusion or consolidation*)
- 17. Wash hands

*Special Test: Not done on routine exam – Reserved for specific clinical situations*